

## SUNDAY

- 1:45 PM It Works How and Why**, New Attitudes Recovery House, 830 Brown st, Alton, Il, 62002 **(O,RF,BK)**
- 2:00 PM New Journey**, Gateway Regional Medical Center, Pascal Hall, 2100 Madison Ave, Granite City, Il, 62040 **(O,RF)**
- 6:00 PM Progress Not Perfection**, Try Club, 609 Berkshire, East Alton, Il, 62024 **(O,WC,BT)**
- 6:00 PM Therapeutic Value**, 623 Club, 120 N. Third St., Belleville, Il, 62220 **(O,WC)**
- 7:00 PM H.O.W.**, St John's UCC, Parking & entrance on building's west side basement/ elevator, 307 Clay St, Collinsville, Il, 62234 **(WC,RF)**

## MONDAY

- 6:00 PM Early Evening Recovery**, St. Cecilia Church, Use back entrance, 155 N Main St., Glen Carbon, Il, 62034 **(WC,RF)**
- 6:00 PM Keep it Simple**, Mount Olive Missionary Baptist Church, 1430 Summit Ave, East St. Louis, Il, 62269 **(BT)**
- 6:00 PM Road 2 Recovery**, Try Club, 609 Berkshire Blvd, East Alton, Il, 62024 **(O,WC,D,SPAD)**
- 6:00 PM Women of Unconditional Love**, Zoom 919 703 3327 Password ESTL569, 4046 Forest Blvd, East St. Louis, Il, 62204 **(O,RF,HY,W)** *Hybrid meeting*
- 6:30 PM It's Another Way Monday**, Dial-in number (425) 436-6321 Access code 4831484, Madison, Il, 62060 **(JT,O,WC,RF,BK,VM)** *Phone / In Person Mask Required Parking In Rear*

- 6:30 PM Our Message is Hope**, Upper Alton Baptist Church, 2726 College Ave., Alton, Il, 62002 **(O,WC,BK,BT)**
- 7:00 PM Monday Night Newcomers**, Thrive Church, 2101 Cleveland Ave, Granite City, Il, 62040 **(O,BT)**

## TUESDAY

- 6:00 PM Brothers and Sisters**, St. Paul Lutheran Church, Basement - Park In Rear Lot, 1327 Vaughn Road, Wood River, Il, 62095 **(O,WC)**
- 6:00 PM Stepping N2 Recovery II**, Bethany Place, 821 W A Street, Belleville, Il, 62220 **(WC,RF,BK)**
- 7:00 PM A Day Clean, A Day Won**, Our Lord Lutheran Church, 150 Wilma Drive, Maryville, Il, 62062 **(O,BK)**
- 7:00 PM Free & Simple**, Bluffview Christian center, 203 Richard Ave, Dupo, Illinois, 62239 **(O,RF,BT)**
- 7:00 PM Principles Before Personalities**, Thrive Church, 2101 Cleveland Blvd, Granite City, Il, 62040 **(O,RF,BK)**
- 7:00 PM The Promise is Freedom**, The Bridge Church, 504 East 12th St, Alton, Il, 62002 **(O,WC,RF,BK)**
- 7:30 PM Strength In Numbers**, 325 North Madison Street, Litchfield, Il, 62056 **(O,WC,RF)**

## WEDNESDAY

- NOON Continuing the Journey**, New Life Church, 1919 State St., East St. Louis, Il, 62204 **(LC)**
- NOON Midday NA**, Next Network Building, 402 E Edward, Litchfield, 62056
- NOON Spiritual Principles a Day Noon Meeting**, Try Club, 609 Birkshire Blvd, East Alton, Illinois, 62024 **(O,SPAD)**
- 7:00 PM Freedom to Change**, New Song Fellowship, Front church steps is only entrance. No wheelchair access, 201 Saint Louis St, Edwardsville, Il, 62035 **(O,BK)**
- 7:00 PM Green And Gold**, Fairview Heights Food Pantry, look for Food Pantry entrance (Behind Police station), 10025 Bunkum Rd., Fairview Heights, Il, 62208 **(O,IW,BK)**
- 7:00 PM Lost and Found**, Try Club, 609 Berkshire, East Alton, Il, 62024 **(CL,O,WC)**
- 7:00 PM Stepping stones to recovery**, Word Of Life Tabernacle Church, please park in the back parking lot on the right side of the building and enter thru the double doors, 4870 Maryville road, Granite City, IL, 62024 **(O,RF,BK)**
- 7:00 PM The Beginnings Group**, First United Methodist Church, Side Door Entry, 3324 Old U.S. 50, Trenton, Il, 62293 **(O,WC,RF)**
- 7:00 PM Trust the Process**, Christway Church, This is a Hybrid meeting Zoom 857-356-480 Password: 652047, 1200 Airport Rd, Godfrey, Illinois, 62035 **(O,WC,RF,HY)**
- 7:30 PM Days Between**, 623 Club, 864 0193 0210, 120 N. 3rd St, Belleville, Il, 62220 **(JT,O,WC,HY)**

## THURSDAY

- 6:00 PM A Spiritual Journey**, New Antioch Missionary Baptist Church, 250 Lebanon Ave, Belleville, Il, 62220 **(O,RF)**
- 6:00 PM At All Costs**, Try Club, 609 Berkshire, East Alton, Il, 62024 **(O,WC)**
- 6:30 PM It's Another Way Thursday**, Madison, **(O,WC,VM)**
- 7:00 PM I Can't We Can**, Thrive Church, 2101 Cleveland Blvd, Granite City, Il, 62040 **(O)**
- 7:00 PM Recovery in Motion**, Painters District Council, side entrance, 940 California Ave, Collinsville, Il, 62234 **(O,WC,RF,BK)**
- 7:00 PM We Care We Share**, The Bridge Church, 504 E. 12th St., Alton, Il, 62002 **(O,SG,WC,BK)**

## FRIDAY

- 6:00 PM A Positive Move**, New Day Recovery Club, 4046 Forest Blvd, East St. Louis, Il, 62204 **(O,RF,BK,SD)**
- 7:00 PM H. O. W. To Recover**, EDEN CHURCH OF CHRIST, NOW Downstairs in Basement, 903 N. 2nd Street., Edwardsville, Il, 62025 **(CL,O,WC)**

- 7:00 PM Stepping N2 Recovery II**, Bethany Place, 821 W A Street, Belleville, Il, 62220 **(O,WC,RF,BK)**
- 7:00 PM Strength and Hope by Candlelight**, Try Club, 609 Berkshire, East Alton, Il, 62024 **(CL,O,WC,BT)**

## SATURDAY

- 10:30 AM Gonzo for Recovery**, St Mary's Church, Location in the cafeteria unless other wise noted, 1802 Madison Ave, Edwardsville, Il, 62025 **(O,RF,HY)**
- NOON A Safe Place**, Try Club, 609 Berkshire, East Alton, Il, 62024 **(O,WC)**
- 2:00 PM A New way to live**, The Trailer, Known as O'Fallon Trailer Group, 108 Carbon Hill Rd, O'Fallon, Il, 62269 **(O,RF,BK)**
- 3:00 PM Experience Strength & Hope**, New Day, 4046 Forest Blvd, East St. Louis, Il, 62204 **(BT)**
- 5:00 PM Saturday Evening Experience**, Try Club, 609 Berkshire, East Alton, Il, 62024 **(O)**
- 6:00 PM A Work in Progress**, Pascal Hall, Gateway Regional Medical Center, 2120 Madison Ave, Granite City, Illinois, 62040 **(RF,BK)**
- 6:00 PM Learning to live**, Unity Spiritual Center, Enter through basement door in the back, 700 W Clay St., Collinsville, Illinois, 62234 **(O,RF)**
- 7:00 PM Restoration to Sanity**, First Christian Church, Park in Rear Room 114, 724 East Bethalto Blvd., Bethalto, Il, 62010 **(O,BT)**





**Metro East Area**

**MEETING LIST**

**MAY 2024**

**24 HOUR HELPLINE**

**1-800-539-0475**

Text (**your zip code**) to the number above for up to 5  
soonest meetings near you

**Metro East ASC  
PO Box 105  
Granite City, IL. 62040**

Please send meeting directory changes to  
[metroeastnapr@gmail.com](mailto:metroeastnapr@gmail.com)

For up to the minute meeting directory please visit  
<https://metroeastna.org>

**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what

**Ask your Higher Power** to keep you clean

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

The Metro East Area is part of the Greater Illinois  
Region <https://illinoisna.org/>  
Meetings Weekly: 47